

**Camp Date**  
**3 - Day \ June 25, 26, 27**  
**Cost \$275.00**  
**Deposit \$75.00**

**Payable to: Sunset Sports Camp**  
**[www.sunsetwrestlingcamp.com](http://www.sunsetwrestlingcamp.com)**

**Father or coaches stay available. Call for details.**  
**You will be sent information when accepted into camp.**  
**Any questions phone: 740-360-1284**

Wrestler's Name \_\_\_\_\_ Age \_\_\_\_\_

Weight \_\_\_\_\_ Grade \_\_\_\_\_ Home phone \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_ Cell phone \_\_\_\_\_

Accomplishments \_\_\_\_\_

**MEDICAL / LIABILITY WAIVER**

In consideration of your acceptance of my application, or my Child's application, I agree to be legally bound for myself, my heirs, my executors and administrators, waive and release Lance Palmer, Sunset Sports Camp, his agents, his staff, his coaches, representative and agents from any and all claims of rights to damages for injuries or loses suffered by me, directly or indirectly traveling to and from, and training at camp. In case of injury or illness, I understand and agree that Lance Palmer or counselors, can authorize medical treatment.

\_\_\_\_\_  
Parent/Legal Guardian

\_\_\_\_\_  
Date

\_\_\_\_\_  
Wrestler's Signature

\_\_\_\_\_  
Date

**MUST BE COMPLETELY FILLED OUT AND SIGNED**  
**MAIL TO: SUNSET SPORTS CAMP**  
**1001 S. PROSPECT ST. SUIT 101**  
**MARION, OHIO 43302**

# "Unstoppable"

## Exclusive Training Camp

# Lance Palmer



**One On One Training**  
**June 25, 26, 27, 2011**  
**[www.sunsetwrestlingcamp.com](http://www.sunsetwrestlingcamp.com)**

## **Lance Palmer**



2010 NCAA Runner-up  
2010 Big Ten Champion  
4x NCAA All-American  
Ohio State Wrestling Team Captain  
2006 High School Senior National Champion  
4X Ohio High School Champion  
Ohio High School State Dual MVP  
Asics IronMan National Champion  
2X Beast Of the East Champion  
3X MIT Champion  
Volunteer Assistant Coach at Virginia Tech

### **Camp Features:**

All Instruction By Lance Palmer  
Quiet Country Setting  
Indoor Pool & Spa  
Indoor Weight Room  
All Campers Sleep In Bunks  
Paved Running Track  
Personal Attention  
Superior Technique  
Intensive Camp To Reach Next Level  
All Meals Free