

# **2011 MID-OHIO LITTLE MAN/BIG MAN CAMP**

**June 13<sup>th</sup> & 14<sup>th</sup>**

This camp is designed especially for all wrestlers who want to learn the proven techniques, strategies, and philosophies from some of the most successful wrestlers ever from Ohio.

Each day will consist of (2) 2 hour technique & intensive training sessions. There will be a question and answer period with each instructor, as well as live wrestling. Wrestlers will be matched according to age and ability level.

We tried to make this camp as affordable as possible (only \$75) so that any wrestler who wanted to attend and have a high quality camp experience with great instructors and workout partners would be able to.

***As always, there will be specific technique instruction & drills focused on upper-weight wrestlers as well.***

Each wrestler will also receive a camp T-shirt if registration is received before 5/31.

You can contact Camp Director Ted Tonn for details on group discounts or more information [tedjtonn@zoominternet.net](mailto:tedjtonn@zoominternet.net)

*We will only accept a limited number of wrestlers to keep the instructor-camper ratio a very good one.*

**THIS IS A COMMUTER CAMP ONLY!**

**DATES: June 13 & 14**

**TIMES: 10am-12pm & 1pm-3pm daily** *\*Bring your own sack lunch\**

**WHERE: Crestview High School**

1575 SR 96

Ashland, OH 44805

**FEATURING:**



**JEFF BLATNICK**

1984 Olympic Champion (Super HWT Greco-Roman)  
2x NCAA Champion  
New York HS State Champion  
Former commentator & commissioner for the UFC



**COLT SPONSELLER**

NCAA All-American at The Ohio State University  
3x Ohio State HS Champion (154-13)



**TIM DERNLAN**

Ashland University Head Wrestling Coach  
NCAA All-American at Purdue University  
University National Champion  
Espoir National Champion  
U.S. Open Runner-Up  
2000 Final Olympic Trials Qualifier  
2004 Final Olympic Trials Qualifier  
5th at Pan-American Championships  
5th at Junior World Championships  
8x U.S. Open All-American  
3x Ohio State HS Champion (159-3)

**TED TONN** - Current Head Coach at Crestview High School - 3x Ashland Times-Gazette Coach of the Year - Coached multiple upper weight state champions, runners-up, placers and qualifiers  
**ROB MAJOY** - Current Head Coach at Huron High School - Coached multiple state placers and qualifiers

*\*other guest clinicians will be added as well\**

Make checks of **\$75** payable to:

TED TONN  
1550 TR 1273  
Ashland, OH 44805

Registration forms must be postmarked no later than June 1st!  
No late registrations or refunds!

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NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

PHONE # \_\_\_\_\_ E-MAIL \_\_\_\_\_

SCHOOL \_\_\_\_\_ WEIGHT \_\_\_\_\_ GRADE \_\_\_\_\_

T-SHIRT SIZE: M L XL 2XL 3XL

*I hereby waive all liability claims against and/or personal injury claims against Crestview Local Schools, its employees and agents, camp staff, or any personnel associated with Crestview Schools or MID-OHIO BIG MAN CAMP.*

PARENT/GUARDIAN SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

MID-OHIO BIG MAN CAMP